



## Need to lose weight before surgery?

GPs at this practice can refer patients with a body mass index of more than 35 to Weight Watchers or to Slimming World for a 12 week\* programme to kick start weight loss in advance of routine (non urgent) surgery.

Speak to your GP or practice nurse for more information

*\* Patients wishing to continue after 12 weeks will be required to pay for it themselves*