





You have the right to:

- be safe
- be able to learn and follow your interests

If you are unhappy or think that Hertfordshire County Council's Children's Services could be doing better, please tell us.

If you can, start with someone who works closely with you.

This might be your:

- social worker, professional assistant, personal advisor or their team manager
- foster carer or family placement link worker
- teacher or someone in school
- Head of Care or residential care worker
- personal advisor from Connexions

If you can't talk to anyone who works with you, please phone either:

- National Youth Advocacy Service (NYAS) on 0808 808 1001 or
- Children's Services Complaints Team on 01992 588542 or email: cs.complaints@hertfordshire.gov.uk

They will listen to you and tell you what you can do. You won't get into trouble for making a comment, complaint or compliment about someone.

Remember, you can call the charity Childline anytime about anything that is worrying you, and calls are free. Childline's number is 0800 1111.