

THE FOLLOWING LISTS OF ORGANISATIONS GIVE ADVICE AND INFORMATION THAT CAN HELP YOU CHOOSE YOUR CARE.

[NHS Choices](#)

NHS Choices provides a comprehensive health information service that puts you in control of your health care and its website helps you to make choices about your health - from decisions about your lifestyle, such as smoking, drinking and exercise, to finding and using NHS services in England.

[British Deaf Association](#)

The British Deaf Association is the largest organisation of Deaf people in the UK that is run by Deaf people. It is a high profile national charity with a local presence throughout England, Scotland, Wales and Northern Ireland, and it provides news, information and services for the Deaf and signing communities.

[Gov.uk](#)

The Gov.uk website is the best place to find government services and information.

[Which? Elderly Care](#)

Which? Elderly Care gives free, independent and practical advice about caring for older people across the UK. This includes dealing with common concerns, options for housing and residential care and how these may be financed.

[Alzheimer's Society](#)

This society works to improve the quality of life of people affected by dementia in England, Wales and Northern Ireland. They use the personal experiences of health professionals or people with dementia themselves to help inform their work.

[Action on Elder Abuse](#)

This organisation works to protect and prevent the abuse of vulnerable older adults.

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[Rethink Mental Illness](#)

Rethink Mental Illness offers advice, information and support to people affected by mental illness, their families, carers and friends.

[British Red Cross](#)

The British Red Cross provides valuable short-term support to vulnerable people in the UK, whether they're recovering from an operation, need a wheelchair or just need help coping around the house.

[The Patients Association](#)

The Patients Association is an independent charity that works with the Government and a broad range of individuals and organisations to develop better, and more responsive, health services.

[CareAware](#)

CareAware is a non profit making public information and advisory service specialising in the issues relating to long term care for older people.

[WRVS](#)

WRVS volunteers deliver personal and practical support to help older people and raise awareness of the issues older people face through their campaigns and research.

[Carers UK](#)

Carers UK is a charity set up to help the millions of people who care for family or friends. They offer advice, information and support for carers.

[Citizens Advice Bureau](#)

This service helps people resolve legal, money and other problems by providing free, independent and confidential advice.

[Counsel and Care](#)

Counsel and Care is a national charity working with older people, their families and carers to get the best care and support.

[Department for Work and Pensions \(DWP\)](#)

The DWP promotes opportunities and independence for

[DIAL UK](#)

DIAL is national organisation for a network of

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all, helps individuals achieve their potential through employment and aims to end poverty in all its forms.

approximately 120 local disability information and advice services. It provides the Disability Information and Advice Line, which is run by and for disabled people.

Disability Rights UK

RADAR is the UK's largest disability campaigning network and is led by people with lived experience of disability or health conditions.

FirstStop Care Advice

FirstStop Advice is an independent, free service offering advice and information for older people, their families and carers about housing and care options in later life. It is led by the charity Elderly Accommodation Counsel (EAC) working in partnership with other national and local organisations.

Mencap

Mencap is the leading voice of learning disability. They support people with a learning disability, and their families and carers.

Mesothelioma

Mesothelioma is a type of cancer caused by exposure to asbestos. The Mesothelioma Group supports people with mesothelioma, as well as providing information about the disease and its treatment.

Mind

Mind is the leading mental health charity in England and Wales. It campaigns to create a society that promotes and protects good mental health for all.

Relatives & Residents Association

The R&RA is a national charity that supports older people in residential care and their family and friends. They provide people with guidance and information that can help them make confident and informed choices about their care.

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<p><u>National Centre for Independent Living</u></p> <p>The National Centre for Independent Living website provides resources on independent living, direct payments and individual budgets for disabled people and others working in the field who may find it useful.</p>	<p><u>RNIB</u></p> <p>Royal National Institute of Blind People (RNIB) is the UK's leading charity offering information, support and advice to almost two million people with sight loss.</p>
<p><u>Action on Hearing Loss</u> (formerly RNID)</p> <p>Action on Hearing Loss offers a range of services for people who are deaf or hard of hearing and provides information and support on all aspects of deafness, hearing loss and tinnitus.</p>	<p><u>The Princess Royal Trust for Carers</u></p> <p>The Princess Royal Trust for Carers provides information, advice, discussion and support for carers.</p>
<p><u>Social Care Institute for Excellence (SCIE)</u></p> <p>SCIE is a charity that works to improve the lives of people using care services by sharing what works well in the sector. The institute publishes information about how to choose care services on its <u>Find Me Good Care</u> website.</p>	<p><u>Which? Birth Choice</u></p> <p>Which? Birth Choice gives people information to help them decide where to give birth - whether that's a labour ward, birth centre or at home. There's an interactive 'Find and Compare' tool to help people find local services as well as information about every maternity unit in the UK.</p>

Source: <http://www.cqc.org.uk/content/other-useful-websites-choosing-care>